



the Newsletter of the

Mid-Hudson Computer User Group Inc.

Monthly since 1977

www.mhcug.org

Volume 31 Issue 2 February 2007

January Program Review

By Hugh N. Ross

Patricia Maneri demonstrated the Quick Books, Simple Start version at our January general meeting. The Quick Books program makes it easy to enter information about your business transactions and report the condition of your finances. Intuit offers several versions of Quick Books depending on the complexity of your business. Prices range from \$100 for the Simple Start version to \$3000 for the Enterprise version. The Simple Start version can be downloaded without charge to learn about the operation of Quick Books. All the functions operate but there are some limitations about the quantity of data you can enter until you purchase the program.

Each transaction that is entered has a category specified that controls which account it belongs to. A standard list of accounts is provided to simplify your first use of the program. Categories and Accounts can be added as necessary for your particular needs.

Many standard reports are provided to show your over all business condition, particular customer accounts, bills due etc. You can prepare invoices and pay vendors.

For those who do not need to manage customer and vendor information, Intuit offers several versions of Quicken, a cash management program. Prices range from \$30 for the Basic version to \$80 for the Home and Business version.

You can find detailed information about Intuit's product offerings by visiting their web site www.intuit.com. \Box

February 8:Taconic Health Information Network and Community Overview

Taconic Health Information Network and Communities (THINC) Regional Health Information Organization (RHIO) is a not-forprofit corporation dedicated to improving the quality, safety and efficiency of healthcare for the benefit of the people of the Hudson Valley region of New York State. The primary purpose of the THINC RHIO is to advance the use of health information technology (health IT) through the sponsorship of a secure health information exchange (HIE) network, the adoption and use of interoperable electronic health records (EHRs) and the implementation of population health improvement activities, including public health surveillance and reporting, pay for performance, public reporting and other quality improvement initiatives.

Managed by a program office and five operating committees, the THINC RHIO is developing and implementing solutions which address the key components necessary for successful and sustainable health IT adoption. The five operating committees are: (1) Privacy and Consumer; (2) Security and Technology; (3) Quality and Clinical; (4) Public Health and (5) Financial Oversight.

The THINC RHIO organizational structure also includes an anchor partner, MedAllies, a technology service provider. MedAllies manages all technical aspects of the organization, including the day to day implementation and operations on behalf of and under the direction of THINC.

Inside:

Bits, Bytes 'N Kudo	2
E-mail Errors	2
Special Interest Group News	3
Upgrade and Repair	3
Digital Sig	
Ulster	
Q&A	4
Lap Desk	5
Board Minutes	6
Help Line	7
Coming Events .	8
Coming Events .	8



Chairs at the Railway Sation by Les Muldorf

Mid-Hudson Computer User Group, Inc. PO Box 1962 Poughkeepsie, NY 12601-0962

Officers

President:	Dick Kranz	896-7376
VP (Prgm):	Open	
VP (Activ):	Open	
Secretary:	Jim Walsh	
Treasurer:	Eli Cohen	

Board of Directors

(cell) 489-2798
635-8612
462-2636

Standing Committees

WebSite:	Hugh N.Ross 462-3309
Database:	Hugh N.Ross 462-3309
Publicity:	Ed Morzen 849-1231
SIG Chair:	Neal Christensen . 297-9618
Mmbrshp:	

Monthly Meetings

Scheduled the second Thursday of every month.Check **www.mhcug.org** for possible changes to general and SIG meetings. Local radio stations will be advised if a meeting is cancelled unexpectedly.

microCHIP staff

Les Muldorf, Editor Hugh N. Ross email: editor@mhcug.org

Advertising

Peter Dowley, Ad Manager email: pdowley@juno.com * 889-4850

Ad Rate Sheet: www.mhcug.org/library.htm

Notices

Permission to reprint or publish original articles is granted to any User Group or nonprofit organization, provided credit is given to the author(s), *microCHIP*, and MHCUG. All rights reserved.

Opinions expressed in this newsletter are those of the editors and authors; not necessarily those of the MHCUG. Mention of a product does not constitute an endorsement of the product by the MHCUG. *All area codes are 845 unless shown otherwise.

Website: www.mhcug.org



Bits, Bytes 'N Kudos by Dick Kranz



Kudos to our board member and Newsletter Editor, Les Muldorf for his excellent presentation to the R h i n e b e c k Toastmasters

Club meeting held in Kingston, NY on January 23. The PowerPoint presentation showed members and guests how to organize and put together a PowerPoint presentation. Even a handful of our members attended. Les will be doing this again for MHCUG members and guests.

PowerPoint presentations are fast becoming the ideal way for anyone to get their ideas, projects, tutorials, and sales messages across to others. Such presentations can be provided inexpensively on CD's, DVD's or e-mailed as attachments to be displayed on computers and even to large groups VIA LCD projectors. Many of the newer handhelds like the Verizon XV6700 wireless PocketPC, which this article was written on, can download and display a PowerPoint, complete with photos, video and all. PowerPoint Mobile (viewer) is included with Win Mobile 5.0 on such devices. What a great way to organize your thoughts and practice up before presentation day!

It is with deep regrets to inform members that our VP-Programs has found it necessary to resign from that position in order to take care of personal matters. Our Board is empowered to fill such a vacancy by appointment. However, we need one kind member to step forward and volunteer to fill those shoes. That person needs to be able to schedule and coordinate speakers and presenters via a few e-mails each month. The VP-Programs attends MHCUG board of directors meetings on the first Thursday of the month or provides an e-mail update when unable to attend.

Presenters contact the VP-Programs through our web site contact list or vendor leads provided by officers, members and the Association of Computer User Groups. Presenters may also be found by surfing the internet or asking interested members to showoff their computing knowledge. Members interested in the VP-Programs position are asked to contact this writer or any board member with questions you may have.

Email sending errors

By Hugh N. Ross

After considerable testing I have found the cause of the 'Bad Header, 421 error'. The message really just means that the server cannot handle the message at that time. I was using a bulk mailer program with Optonline.net as my high speed ISP. The address lists are produced by an MS-Access database of member information.

The mailer program was designed to send each email as a separate message from my machine to the ISP. The mailer program that I was using does not support the use of the CC or BCC fields.

The ISP has a limit of 50 e-mail messages per hour. They also seem to have a queue length or buffer size limit. I found that after sending 15 messages, all following messages were rejected.

I then considered alternatives. I tried Mozilla Thunderbird. I could import the address list as an address book. I then could select groups of messages from the address book and force them into the BCC field. This resulted in only one message from my machine to the ISP for each group of messages. I found that I could send 40 BCC messages without error.

It seems that Optonline.net counts the number of email messages from my machine to them and the number of BCC addresses in the current message for the transmission limit logic. It appears they do not keep a running total and subsequent messages with 40 addresses in CC or BCC fields are accepted. Using the BCC field eliminated the '421' messages I was getting. Any error messages that do result will be returned individually to the sender.



Leaf-by Les Muldorf

2007

Special Interest Group News Technology Workshop

By Dick Kranz

Readers are now experiencing first hand, results of this writers first attempt at using Word Mobile, starting on a screen touch pad, then sliding out and using the hardware keyboard on a new Verizon XV6700 Pocket PC (PPC).

This hi-tech mobil device, running Windows Mobile 5.0, is a UTStarcom product (formerly Audiovox). The XV6700 is a real convergence of several technologies including wireless broadband internet, digital cell phone (CDMA), Wi-Fi LAN (local area network), Bluetooth and infrared capabilities. A USB port provides additional connectivity, cradle and charging options.

Another great feature is the integrated digital camera, complete with a variety of ambient light settings, including low light flash and a card slot to hold gigabytes of photo, video, music and data on MiniSD cards. Pixel density options range from a small 160X120 size all the way up to a large scaled 1600X1280 size.

The keyboard works great, just glide your thumbs over the keyboard and press the desired keys on the fly as you glide over them. In other words, You do not need to lift your thumbs from key to key. The slightly convex shaped keys, size, and required pressure are just right for gliding. The hover technique, congruous with popular palmtop and handheld computers over the last decade can be incorporated to maximize speed on this small QWERTY keyboard. This technique utilizes all fingers and thumbs on both hands, just like standard touch typing or keyboarding, except that both hands hover back and forth to compensate for the smaller size keyboard. Gliding across the keys as opposed to hovering will further increase typing speed.

This writer has only just begun to discover the mind boggling features and advantages of holding the Verizon XV6700 in ones hand. There is Internet Explorer Mobile, PowerPoint Mobile, Windows Media Player, MSN Messaging and Voice Speed Dial which also brings up programs *via* voice command.

What really prompted this writer's decision to purchase a Verizon XV6700 at this time was their December 2006 PR Release announcing wireless broadband right here in the Mid-Hudson Poughkeepsie area. Surprisingly, cellular dial up works quite well in areas without wireless broadband.

Digital Photography

by Dan Sullivan

Our first meeting of the new yar drew about 20 memebers

We kicked off with our invited guest speaker, Jessica McKeown, manager of Art Craft. She told us about the newest camera being announce by Olympus the SP 550 UZ. It has an 18x wide-angle super-telephoto zoom lens (28 – 504mm equivalent in 35mm photography) with optical stabilization, a 7.1 megapixel CCD and several other features She has yet to get her hands on one so its not yet in her store.

Discussion then went on to other digital camera topics. She will be traveling to Las Vegas in March for the big photo show and plans to return to our March meeting to describe some of the newest cameras and features being presented at the Las Vegas show.

Following Jessica we were able to show a few shots taken by three of those attending. This left ample time to go around the room for our Q&A from those attending. One of the ideas that I found interesting especially for those that travel and shoot a lot was from guest Jeanette Cantwell. For her several weeks of travel in Africa she took along an iPOD which she used as her backup picture storage device, some 16 GB worth of shots! Maybe we will get to see some of them in the future.

Next month the theme is of your choosing, such as a picture story, or action, or color, or micro photography, or $??? \square$

Ulster Workshop

By Bob Morales

1) "AOL-TV" for TV listings since the new Yahoo! TV Beta Listings totally ruined the excellent previous version and they won't even let one go back if you don't like the Beta. The "AOL-TV" listings work almost the same as the old Yahoo! TV but just a little slower. The nice thing is that you can have it send you a reminder by e-mail with lots of options.

2) "Zap2it" also for TV listings as an alternative. The "AOL-TV" listings are powered by "Zap2it" and have a better view and options.

3) Process Explorer

Tweakers looking to squeeze every last cycle from their PCs usually tinker with the many ephemeral processes Windows is always running in the background. This great freebie gives you all the details you need about every running process: its source, its importance to your system, etc. It even graphs any CPU usage each process requires. For ultimate tweakers, this is the boss.

Sysinternals at www.sysinternals.com, Free

4) ZSoft Uninstaller

For pesky programs that won't uninstall properly or leave too many traces of themselves scattered about your system, ZSoft Uninstaller is a great free tool for sniffing out the remnants. It can do a thorough uninstall of a program, including deletion of leftover files the program's own uninstaller ignores. ZSoft is great at finding temp files throughout your system and freeing drive space other cleanup programs overlook. After we finish testing all the programs in this roundup, we'll be using this one to clean up the mess.

ZSoft Software at www.zsoft.dk, Free

5) StartupList

If you really want to know what programs are running on your system and identify their source files, then this is about the clearest and more comprehensive index we have seen. Using a tree directory, StartupList analyzes your system and tells you what drivers are loaded, which processes and services are running, where those DLLs and EXEs are located on your PC, and even which Registry key controls them. We have to admit, we've never seen anything quite like this gem.

Merijn.org at <u>www.spywareinfo.com/~merijn/index.html</u>, Free

continued on page 4

Q & A

By Hugh N. Ross

Q Is there a problem if I disconnect a 'thumb drive' without using the 'remove hardware' function? I do not have a 'remove hardware' icon in my system tray.

A As long as the activity to the device has stopped, it should cause no harm. Searching MS Help revealed that there have been some problems with this function. You should be sure that Service Pack 2 has been installed on your machine and that you have loaded recent updates to the system.

Q Last month we reported a problem with Outlook that messages were sent repeatedly and never got out of the 'draft' folder to the 'sent' folder. The problem was that the 'sent' folder was FULL. After cleaning out the old messages everything worked OK.

A You can right click on the 'sent' folder and set parameters to control the automatic archiving of old messages. You can either archive or delete them if they are older than the time interval you choose.

Q A member reported that he was having boot failure problems. After much investigation and several restores to older versions he found that if he disconnected some devices from the USB port, the system booted fine. It seams that the system was trying to boot the USB device and hung.

A The solution is to be sure that the boot order parameters in CMOS are set to the order you like. Also, you should disable the 'boot other devices' option to avoid problems.

Q I have an Acer portable machine and when I am typing in an e-mail message, once in a while a few characters will be moved to some other place in the message. What could be causing this?

A One possibility is that you might have unintentionally touched the sensitive mouse pad causing the cursor to jump. Another possibility is a static discharge from you to the machine. Polyester clothes are a particular problem, especially in the winter time because of the low humidity.

continued from page 4

6) Alt-Tab Thingy (Nymithium Technologies at <u>www.nymtec.com</u>, Free). This ALT-TAB replacement is hard to describe, but you will be surprised that you lived without this "thingy" once you use it.

7) "Narrator" which is included in Windows XP - Start, Programs, Accessories, Accessibility, Narrator - This program has choices so you can hear commands or text spoken to you.

8) Microsoft Windows Power Toys - Choices of calculators including graphing, TweakUI has expanded to give much more granular control over the look and feel of your Desktop, menus, and Explorer windows.

9) Discussed "Freecycle.org", Northeast, New York, Ulster County - Group on Yahoo!. Also, "Ecycle.org" <u>HudsonValleyECycle@YahooGroups.com</u> where things are FREE.

Hope to see some more attendees in February!

MHCUG Website

There have been suggestions that the MHCUG website could be improved. I am happy to consider proposed changes. One way to get ideas is to note any site that you visit that looks especially nice or is particularly easy to use. Please send the complete URL for such sites to me to give me ideas. Thanks, Hugh N. Ross, webmaster.

Special Interest Groups

Special Interest Groups are for people with common computer interests—novice through expert.

Call group leader to verify schedule.

Upgrade/Repair

Leader: Dan Sullivan Tel: 229-0241 e-mail: *dansull@optonline.net* Schedule: 4th Mon. 7:00 PM Location: Business Development Center Conf. Room B

Technology Workshop

Leader: Dick Kranz Tel: 297-1813, 896-7376 or 265-4169 or e-mail: *president@mhcug.org* Schedule: 3rd Monday,7:00 PM Location: Business Development Center Conf. Room B

Digital Photography

Leaders: Dan Sullivan Tel: 229-0241 e-mail: *dansull@optonline.net* Jim Warner Tel: 297-3175 *jhwiii@optonline.net* Schedule: 4th Thurs. 7:00 PM Location: Business Development Center Conf. Room B

Ulster Computing Workshop

(formerly HVPCC) Leader: Robert Morales *e-mail: rmorales2@hvc.rr.com* Schedule: 3rd Thurs. 7:00 PM Location: Ulster Comm College Hasbrouck Bldg. Room 219

Interested in starting a Special Interest Group? contact Neal Christensen

All submissions for the Microchip must be in the hands of the editors by the Thursday following the General Meeting. Any articles or information received after that date will be held for the following month's publication. Send submissions to editor@mhcug.org

Laptop Desk — Simple Accessory Provides Comfort and Ease of UseLaptop Desk

Written by Gabe Goldberg, Columnist for CompuKISS.com; APCUG Advisor; Program Coordinator & APCUG Rep, Capital PC User Group, Inc. http://www.compukiss.com gabe(at)gabegold.com

It's the rare simple device that hitches a ride on multiple trends simultaneously. How simple? Three moving parts. Which trends? First, folks downsizing living quarters as their nests empty; second, increased use of laptop PCs as primary, only, or secondary computers; and third, laptop computers operating hotter as they become ever more powerful. The device? The Laptop Desk from LapWorks.

It's an elegantly simple laptop stand. My wife calls it, "a seemingly insignificant piece of plastic, which I love". Before she had it, she was constantly trying to find things to put under her computer to prop it up. She tried books of varying sizes, pieces of wood, parts from other office equipment, TV remotes, whatever came into view. None of them worked and the laptop's utter flatness drove her crazy.

Now, she takes it everywhere she takes her laptop. "It's great!", she says. She props it up at varying angles, depending where she's working...on her lap, a table, a desk, wherever she moves, and she moves around a lot. Folding flat and sliding into the laptop case, it's not in the way when she's on the move. It allows customizing the keyboard angle for easy typing. And because of the elevation, our cats no longer walk across or lie down on laptop keyboards.

The stand consists mostly of two sturdy hinged plastic pieces with raised rubber pieces that hold the laptop in place. A smaller third piece fits into slots providing five different elevation options.

The hinged pieces, rippled in design with raised rubber pieces, hold the laptop in place and allow air to circulate underneath it. So the computer's heat is well-vented, avoiding discomfort from resting the laptop on your lap or major damage to the computer.

Three models of The Laptop Desk are available: the UltraLite, for newer/lighter laptop computers; the Laptop Desk 2.0, for heavier PCs; and the Laptop Desk 1.0, a simpler version not providing elevation, intended for human-lap use only.

Costing less than \$30, the Laptop Desk is a handy addition to portable PC computing. And unlike most computer accessories, it needs no assembly or installation, doesn't require reading instructions, and includes no software that will become obsolete.

Manufacturer: LapWorks

http://www.laptopdesk.net

Retail: About \$30

This article from the CompuKISS Web site, www.compukiss.com, is copyrighted by Gabriel Goldberg. It may be reproduced, for single use, or by nonprofit organizations for educational purposes, with attribution to CompuKISS. It should be unchanged and this paragraph included.

Inner Circles

Written by Berry F. Phillips, a member of the Oklahoma City Computer Club and a regular writer for the CCOKC website and the eMonitor bfpdata(at)laccess.net

http://www.ccokc.org

The birth of a new year brings changes in membership and planning activities within the "Inner Circles" that often operate almost like occult groups in their private inner sanctums. They are elected or appointed to serve others and work without compensation. These "Inner Circles" operate in civic organizations like computer clubs and represent a very small percentage of the memberships. While those of us who served in the military were told never to volunteer, the "Inner Circles" volunteered.!

Volunteerism is the very life blood of many civic organizations. Research has verified the positive rewards of doing for others and finding meaning in activities which greatly contributes to an older person's ability to age successfully. Older volunteers with their longer experience, often assume leadership roles within nonprofit organizations whose programs and activities are dependent on volunteers for help. Volunteers sometimes receive only modest recognition - since their activities involve free will, beneficence, and lack of reimbursement.

Research has further verified that staying active contributes to a healthier and longer lived life and that social supports are critical to healthy aging. Fisher and Shaeffer in their book, "Older Volunteers" list the following benefits: "self satisfaction, altruism, potential learning or acquisition of new skills, specific benefits for the receivers of volunteer efforts, relaxation, socialization, status of reward, career opportunities, and community involvement."

National Volunteer Week was created in 1974 by President Richard Nixon who signed an executive order establishing an annual celebration of volunteering as a time to recognize and celebrate the efforts of volunteers at the local, state, and national level. The Points of Light Foundation, based in Washington DC, and the Volunteer National Network together reach millions of people to encourage volunteerism. The Foundation has received national recognition as America's address for volunteering. As President George W. Bush commented, "The Points of Light Foundation embodies America's spirit of volunteerism and the goodwill of its citizens."

Why not make a New Year's resolution (and not break it) to express your appreciation to the past and present members of the "Inner Circle" in your computer club? "A mind is a terrible thing to waste," and like a muscle "use it or lose it." Get involved and volunteer in your computer club in 2007!

Happy New Year from the Computer Club of Oklahoma City and the Association of PC Users Groups!

The Editorial Committee of the Association of Personal Computer User Groups (APCUG), an international organization of which this group is a member, brings this article to you.

Minutes of the Mid-Hudson Computer User Group Board of Directors

Monthly Income/Expenses - 12/1/2006 to 12/31/2006 INCOME

Interest income TOTAL INCOME \$29.91

\$29.91

EXPENSES Internet ISP \$40.00 Best Western Wireless \$25.00 Meetings \$30.00 Board SIGs \$60.00 General Member \$150.00 MicroChip \$100.00 MHCUG Domain Renewal \$59.98 Sunshine Committee \$54.00 TOTAL EXPENSES \$518.98 OVERALLTOTAL

0.	EKALL IU
\$489.0	7

NET WORTH as of 12/31/06 Cash and Bank Accounts HVFCUCD's \$6,360.07 HVFCUS1 Savings \$892.45 HVFCU S9 Checking \$238.45 TOTAL Cash and Bank \$7,490.97

TOTALASSETS		\$7,490.97
LIABILITIES	\$0.00	
OVERALLTOTAL		\$7,490.97

Hugh Ross noted that the economies enacted throughout the year by the Board had resulted in a positive cash flow for the year - Overall Total Assets of

\$7,490.97 for 2006 compared to \$7,199.72 for 2005.

A motion to accept the Treasurer's Report as written was then made by Hugh Ross, seconded by Dan Sullivan, and unanimously approved by the Board.

Dick Kranz, reporting for the VP/Programs, confirmed the QuickBooks presentation for the upcoming general meeting. He next discussed his awaiting final confirmation of a replacement speaker for February after the cancellation, for medical reasons, by the originally scheduled speaker. The March program on unique printing applications remains in place.

In his President's report Dick Kranz cited the continued success of Ed Morzen's efforts in having the MHCUG press releases published by the various news media throughout the county. Dick next reminded the Board that the contract for meeting space at the Best Western Conference Center was up

For the latest MHCUG news

visit our Website: www.mhcug.org

Better, Secure, Dependable WebSolutions For your Internet presence BSD WEB SOLUTIONS

BSD Web Solutions, Inc. One Civic Center Plaza Suite 500 Poughkeepsie, NY 12603 Telephone: 845 485.4818 www.bsdwebsolutions.com/

for renewal and that the rates remained unchanged from the previous year. Hugh Ross moved that the contract be renewed. Les Muldorf seconded the motion and the Board approved unanimously.

Les Muldorf related that he had followed up on the previous month's request by the Rhinebeck ToastMasters for instruction in setting up PowerPoint presentations. Les is scheduled to address the group in Kingston on January 23.

At 8:39 Hugh Ross moved that the meeting be adjourned. The motion was seconded by Eli Cohen and unanimously approved by the Board. \Box



Wintery Beach -by Les Muldorf

Issues of the microCHIP are available on line. Please be sure we have your correct e-mail address so you can be notified when the new edition is available on line.

Help Line

Having a problem? Volunteers have offered to field member's questions by phone. Please limit calls to the hours listed below. Days means 9 a.m. to 5 p.m. Evenings means 6 to 9:30 p.m. Be considerate of the volunteer you're calling, remember this is a free service. If you'd like to have your name added to the list, call or e-mail the editor, or see us at the next meeting. Need help on a subject and there's no name listed for it here? Try contacting one of the SIG leaders or post a message on our Website FORUM. Simply go to *www.mhcug.org* and click on the "Forum" menu item, then follow instructions. Answers will be returned to you by e-mail, as well as being accessible via the Website.

Program	Name	Phone #	E-mail	Time
Access (MS)	Eli Cohen	897-5921	mhcug@yahoo.com	(e)
APL (all flavors)	Ray Polivka	462-2698	polivka@acm.org	(d e)
CAD	Fred Krasselt	565-5622	krasselt@aol.com	(d e)
Database	Hugh Ross	462-3309	bytewise@optonline.net	(d e)
FlightSoft	Clark Zeaman 814	-663-0538	zeamanc@juno.com	(d e)
Internet	Art Scott	849-1378	artscotti@gmail.com	(d)
Lotus 123 Macros	Ralph Pollard	462-3389	ralphpollard@verizon.net	(e)
Lotus for DOS	Bill Rogers	452-9104		(e)
MS Office	Bryan Rifenburgh	590-0092	MCPro20@yahoo.com	(d e)
Paradox 4.5	Jim Warner III	297-3175	jhwiii@optonline.net	(d e)
Partition Magic	Dan Sullivan	229-0241	dansull@optonline.net	(d e)
PC/AT Hardware	Phil Van Itallie	462-3924	pvanitallie@yahoo.com	(e)
Personal Finances	John Bickford	435-8615	johnbick@us.ibm.com	(d)
SAS	Ralph Pollard	462-3389	ralphpollard@verizon.net	(e)
Symphony 3.1	Jim Warner III	297-3175	jhwiii@optonline.net	(d e)

Please help us to keep the **Help Line** current by advising us about changes. If you have particular knowledge or expertise about a program or product, please ask to be listed here.

All members of the MHCUG are encouraged to take photographs of any club activity for publication in the MicroChip. Now that we are in a digital format on the web, photographs can be displayed in glorious color or stunning black and white. In addition, we would also like you to exhibit your photographic skills and submit photos of the beautiful Hudson Valley. Here is an easy way to get your name in print. Please forward any pictures to lesm1@optonlilne.net Give me your name and the title or subject of your pictures so I don't have to make anything up.



current membership. Ask the new member to name you as sponsor on their application.

New Appl. Renewal Addr. Change	Mid-Hudson Computer User Group, Inc.
The MHCUG is a nonprofit educational organi- zation which promotes activities encouraging the use of computers by its members. The MHCUG encourages professionalism and the development of technical skills.	Name: Address:
A Member may be anyone with an interest in computers who supports the purpose of the MHCUG.	City State Zip: Telephone: ()
A Student Member must be under 25 years of age and attending an educational institution full- time.	E-mail: Would you like an e-mail reminder of upcoming meetings?
If new applicant or renewal, please check one: • Member: dues: \$35 per year	
Student: dues: \$15 per year Full-time ID (reqr'd)	Dues AmountAdditional Contribution Amount Total
I am enclosing a check for □ 1 □ 2 □ 3 yrs (Students renew yearly)	Make check (on US bank only) payable to: Mid-Hudson Computer User Group Send form and check to: Attn Treasurer
Check No	Mid-Hudson Computer User Group PO Box 1962 Poughkeepsie NY 12601-0962

How to find us on the night of the meeting



൙ Our Next Program 🔊

Where:Best Western Inn & Conference Center
Rt. 9, PoughkeepsieWhen:February 8th, 20076:30 - 7:00Q&A Session: Questions from the floor
7:00 - 7:30 Regular Business Meeting

7:30-9:00 Program

Program: Taconic Health Information Network will present a talk on health information technology and how it affects us and our health records

Coming Events February 2007

Thursday February 1st, MHCUG Board meeting

7:00 p.m. at Guardian Storage Building

Thursday February 8th, MHCUG General Meeting

6:30 p.m. at Best Western Inn and Conference Center

Thursday February 15th Ulster Computing Workshop

7:00 p.m. at Ulster Community College

Monday February 19th Technology Workshop

7:00 p.m. at Ulster Community College

Thursday February 22nd, Digital Phtography SIG

7:00 p.m. at Guardian Storage Building

Monday February 26th, Upgrade and Repair

7:00 p.m. at Guardian Storage Building